2020 FEHB MONTHLY RETIREE RATES

SELF ONLY PLAN TYPES

Carrier Plan Name	Service Area	PPO Network	Plan Code	Type	Monthly Rate	MRA	Toll-Free Number
AETNA ADVANTAGE	National	Aetna	Z24	SELF ONLY	$115.96		888-238-6240
AETNA DIRECT CDHP	National	Aetna	N61	SELF ONLY	$153.16	$900	888-238-6240
AETNA HF CDHP	Regional	Aetna	EP1	SELF ONLY	$564.91		888-238-6240
AETNA HF HDHP	Regional	Aetna	224	SELF ONLY	$217.96		888-238-6240
AETNA OA BASIC	Regional	Aetna	JC4	SELF ONLY	$591.58		800-537-9384
AETNA OA HIGH	Regional	Aetna	JC1	SELF ONLY	$809.53		800-537-9384
AETNA VALUE	Regional	Aetna	EP4	SELF ONLY	$248.77		888-238-6240
APWU CDHP	National	UHC	474	SELF ONLY	$149.42		800 222 2798
APWU HIGH	National	Cigna	471	SELF ONLY	$215.38		800 222 2798
BBS FEP FOCUS	National	BCBS	131	SELF ONLY	$115.15		800-548-4026
BCBS BASIC	National	BCBS	111	SELF ONLY	$164.55	$800	800-548-4026
BCBS STANDRD	National	BCBS	104	SELF ONLY	$253.30		800-548-4026
CDPHP HIGH	Regional	CDPHP	SG1	SELF ONLY	$480.41		877-269-2134
CDPHP STANDARD	Regional	CDPHP	SG4	SELF ONLY	$157.40		877-269-2134
FSBP* HIGH	National	Aetna	401	SELF ONLY	$149.47		
GEHA ELEVATE	National	UHC	254	SELF ONLY	$102.53		800-821-6136
GEHA ELEVATE PLUS	National	UHC	251	SELF ONLY	$157.46		800-821-6136
GEHA HDHP	National	Aetna	341	SELF ONLY	$128.46		800-821-6136
GEHA HIGH	National	Aetna	311	SELF ONLY	$228.41	$600	800-821-6136
GEHA STANDARD	National	Aetna	314	SELF ONLY	$131.18		800-821-6136
GHI HDHP	Regional	Emblem	811	SELF ONLY	$169.09		877-842-3625
GHI STANDARD	Regional	Emblem	804	SELF ONLY	$493.82		877-842-3625
HIP HIGH	Regional	Emblem	511	SELF ONLY	$560.21		800-447-8255
HIP STANDARD	Regional	Emblem	YL4	SELF ONLY	$303.03		800-447-8255
INDEPENDENT HEALTH HDHP	Regional	IHA	QA4	SELF ONLY	$148.22		800-501-3439
INDEPENDENT HEALTH HIGH	Regional	IHA	QA1	SELF ONLY	$251.83		800-501-3439
INDEPENDENT HEALTH STD	Regional	IHA	C54	SELF ONLY	$200.78		800-501-3439
MHBP CO HDHP	National	Aetna	481	SELF ONLY	$143.32		800.694.9901
MHBP STANDARD	National	Aetna	454	SELF ONLY	$142.71		800.410.7778
MHBP VALUE	National	Aetna	414	SELF ONLY	$113.33		800.410.7778
NALC CDHP	National	Cigna	324	SELF ONLY	$118.38		888 636-6252

MRA = Medicare Reimbursable Amount

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NALC HIGH	National	Cigna	321	SELF ONLY	$196.82		888 636-6252
NALC VALUE	National	Cigna	KM1	SELF ONLY	$97.16		888 636-6252
RCBP* HIGH	National	Aetna	381	SELF ONLY	$264.83		800-638-8432
SAMBA HIGH	National	Cigna	441	SELF ONLY	$390.91		800 638-6589
SAMBA STANDARD	National	Cigna	444	SELF ONLY	$170.13		800 638-6589

The column labeled "MRA" means that the plan offers a Medicare Reimbursable Amount in 2020. Read the official plan brochure for details.

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